

SAVE THE DATES

NY AT Week

September 13-22, 2019

NYSATA at BIANYS'

March on for Brain Injury

September 14, 2019

- Long Island: Eisenhower Park, East Meadow, NY
- Hudson Valley: Walkway Over the Hudson – Highland Side
- Rochester: Seneca Park
- New York City: Mount Sinai Hospital

EATA Convention

Foxwoods Resorts & Casino,

Mashantucket, CT

January 10-13, 2020

NYSATA Annual Conference & Meeting

Schenectady, NY

June 5-6, 2020

EXECUTIVE COUNCIL

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# NEW YORK STATE NYSATA ATHLETIC TRAINERS' ASSOCIATION

THE PRESIDENT'S REPORT



Jeff Sage, MS, ATC, CSCS, PES

This summer is my 25<sup>th</sup> year as a Certified Athletic Trainer. I do not know if that qualifies me as being as an old timer or not, but I think my kids thinks so. This past week a CCR song (young timers may need to Google "CCR") came on the radio and my 13 year old asks, "Is this an old person song?" From her perspective, I probably am old, but I guess most parents are old in their kids' eyes. I have always held the belief that age was a state of mind rather than a number... We will see if my perspective changes as time continues to march on.

Regardless of age or years as an AT, it is never too early or late to get involved with NYSATA. We currently have some Regional Representative and Committee Chair vacancies that need to be filled.



- Representatives for Region 4, 5, and 6
- College/University Committee Chair
- History/Archives Committee Chair
- Membership/Nominations Committee Chair
- Public Relations Co-Chair
- Research Committee Chair
- Young Professionals Committee Chair

Please refer to the recent "Call for Nominations" e-blast or go the to the [NYSATA home page](#) for the full list including eligibility and position duties.

We will also have some committee member spots to fill, if you more suited for that role. [Reach out to me](#) with any nominations; self-nominations are accepted.

**Save the date – Sept 13-22, 2019.** We have designated Sept 13-22 as the 2019 NYSATA AT Recognition Week. We have some new contests and opportunities that will be unveiled in the coming weeks. Stay tuned for announcements.

Here is a summer recap:

- June started off with NYSATA hosting our annual conference in Schenectady, NY. There was a variety of topics and the speakers did a fantastic job. In addition, we had two optional workshops

*President's Message continued from page 1.*

on Saturday in which members could take advantage of some extra CEUs at the same location. The DoubleTree by Hilton in Schenectady did not disappoint. The move to a hotel venue was welcomed. Attendees had the opportunity to stay right on site, it allowed our vendors more face-time with attendees, and we were able to host a post-conference social immediately after the conference. I was impressed that so many attendees hung around after the day-long conference to grab a bite, enjoy a drink, and catch-up with colleagues before heading home. Given the venue layout, value and relative central location even for the most distant members on our east/west borders, the Executive Council has decided that the DoubleTree in Schenectady, NY will host our 2020 NYSATA Annual Conference. Save the dates June 5-6, 2020 for next year!

- One of the optional workshops hosted at our annual conference was the ATs Care Assisting Individuals in Crisis course. This is the basic-level training necessary to be part of the ATs Care team. The NYSATA ATs Care Team is now comprised of 13 members and growing. A year ago, our Executive Council's goal was to have at least one member trained in each of the eight (8) NYSATA Regions. We fell just short of that goal. Regions 2 and 4 are the only regions without an ATs Care member, that we are aware of. If you live in one of those regions, have had the ATs Care training, and wish to serve on the NYSATA ATs Care team, please let us know. The mission of ATs Care is to aid ATs and AT students who have experienced a critical incident utilizing a peer-to-peer system to assist in seeking initial support. In just 8 weeks, there has been 4 in the Western New York area alone and more throughout the state. The need for this support system is ever present.
- Many of you attended the NATA convention in Las Vegas. Even with all of the alumni parties, NATA obligations, and Vegas distractions, we still had about 90 people attend the NYSATA social at the New York New York Hotel. I would like to thank Justin Hickam from Henry Schein, Karen Mundorff from School Health, and Danny O'Connor from Collins Sports Medicine for their support that allowed us to hold this event. Please be sure to say "thank you" the next time you see them or when placing your next order with them.
- Congratulations to NYSATA members who were presented awards at the NATA convention:
  - Paul Geisler (Ithaca College) – NATA Most Distinguished Athletic Trainer Award
  - Aimee Brunelle (S. Colonie HS) *pictured right* – NATA Athletic Trainer Service Award & District Two Michael Goldenberg Grant
  - Jon Smith (SUNY Broome), *pictured next page* – Intercollegiate Council for Sports Medicine – Head Athletic Trainer of the Year Award Community College/ NJCAA
  - Penny Foland (Nyack College) – Intercollegiate Council for Sports Medicine – Head Athletic Trainer of the Year Division II
  - Katelyn Dolan, *pictured next page* – District Two Bobby Gunn Student Leadership Award
- Two very important resources were released this summer: The NATA has released the Program Assessment for Safety in Sport (PASS) is an online tool for secondary schools and organizations to prioritize health and safety for their

participants. It follows the recommendations outlined in the Appropriate Medical Care Standards for Organization Sponsoring Athletic Activity for the Secondary School Age Athlete (AMCS) released earlier this year in March. Click here for more information on the PASS and AMCS resources. The NCAA has released the Interassociation Recommendations for Preventing Catastrophic Injury and Death in Collegiate Athletes which took effect August 1st. Accompanying recommendations is a Frequent Asked Questions document as well as a Checklist to assist institutions in aligning with the recommendations. Click here for more information on these recommendations.

Lastly, our state AT licensure bills S5127 and A5499 ran out of time in 2019. After a record number of participants at our Lobby Day in May, we were able to make some good headway with two new bill sponsors, Senator May and Assemblywoman Solages. We are hopeful that we can carry the momentum through the fall into to the new legislative session in January. This is where WE need ALL of you to help... The fall is when we need to lay the foundation for the need for AT licensure with our state representatives. I know the fall is the busiest time for ATs in the traditional sports setting, but it is the BEST time to meet with your state senator and assembly member. They are in their local offices in their home districts. Also consider inviting them to come to visit you in your AT facility or a game during the Fall Recognition week Sept 13-22. This would be a great opportunity for you AND them to get some mutual publicity. If we want 2020 to be the year that we get AT licensure in NYS, the work starts now!

Have a great fall. Send any information or progress that you have with your state representatives to our [Governmental Affairs co-chairs](#). Stay tuned for more information about NYSATA AT Recognition Week Sept 13-22.



Aimee Brunelle (S. Colonie HS)



Jon Smith (SUNY Broome)



Katelyn Dolan

## Awards

Deanna Errico, PT, DPT, ATC - Chair

### Award Nominations

The NYSATA Awards committee is accepting nominations for the John Sciera Award. Nominees must have demonstrated dedication, loyalty and service to the profession of athletic training and NYSATA.

If you know of someone in NYS who would has that kind of dedication and service, it would be wonderful to nominate him or her for this award!

The committee is also accepting nominations for the Sheehan Award. Tom Sheehan was known for his commitment and achievements in the athletic training profession and the person nominated for this award should clearly exemplify the traits of Thomas J. Sheehan Sr., such as dedication and integrity.

Please [contact Deanna Errico](#) with a letter of nomination for either of these awards in which you share the nominee's qualifications and achievements. This will start the nomination process. If you have any questions, please feel free to [email Deanna](#).

## Call for Nominations

If you have ever wanted to get involved in NYSATA, here is a great opportunity to serve and give back to the AT profession. We have openings in the following NYSATA Regions and Committee Chairs:

### Regional Representative openings:

Region 4    Region 5    Region 6

### Committee Chair openings:

College / University  
History / Archives  
Membership / Nominations  
Public Relations Co-Chair  
Research  
Young Professionals

[CLICK HERE](#) to view each eligibility criteria and duties of each position.

Consider nominating a colleague or yourself. Self-nominations will be accepted as well.

Please send all nominations to [nysatapresident@gmail.com](mailto:nysatapresident@gmail.com).



## Governmental Affairs Report

Aimee Brunelle, MS, ATC, EMT

Deanna Errico, PT, DPT, ATC

Co-Chairs



As you are all aware by now, NYSATA's efforts to move our bill through the senate and the assembly during this past legislative session were thwarted. However, there are many positives to recognize from this session.

- We have a new assembly sponsor (Michaela Solages), who actually graduated from the Hofstra University athletic training program (but chose to not take the BOC exam to pursue a political career). She fully understands what ATs do, and she has been a true champion for

us. She has engaged with Assemblywoman Glick, the chair of the higher education (HE) committee, where our bill must first pass and where it has never even got on the agenda. We believe there will be success next legislative session for Solages to actually get it on the HE committee agenda.

- We have a new senate sponsor (Rachel May) who has worked in multiple Universities and understands the athletic trainer role. To further this, she will benefit from visiting AT settings in her district, so we encourage those of you in her Syracuse district to invite her for a visit. The stumbling blocks placed before us in the senate include a new higher education committee chair who does not seem to understand athletic training (even after multiple meetings with her) as well as very strong opposition from the New York Physical Therapy Association (NYPTA), to whom this senator acquiesced power. It did finally go through the Senate HE committee but with less than 3 weeks left in session, and with continued opposition, it went no further.
- We had the most successful Lobby Day ever with 41 certified and student members in attendance. We had more meetings than ever before (37 scheduled meetings with a senator or assemblyperson and/or their staff) and picked up a few sponsors in both Assembly and Senate. We also provided personal drop-offs of material by one of our members to the twenty-three legislators with whom we could not schedule an appointment. We hope more of you can join us in 2020.
- Your government affairs committee will meet with the NYPTA leadership in the fall to hopefully improve relations and prevent the kind of last minute opposition from them that has hurt us so much in the past. We have made small changes in

the language of our bill to accommodate their concerns as well as the concerns from the Acupuncture Society of New York. You can read the amended bill at [AT Assembly Bill 2019 A05499A](#)

- NYSATA submitted receipts to receive the NATA GA Grant reimbursement (worth \$37,800) in June and have submitted an application for next year's NATA Governmental Affairs Grant.
- Five other states in the U.S. that did not have licensure were able to get their bills to pass this year. It is imperative that NYSATA and its members with our lobbyist continue to work hard to get our bill to pass this year. We need your help. When we ask you to make a phone call or send an email or a letter, or visit your senator or assembly representative – please do so. We regularly supply exactly what you need to say. It is not difficult, we need you to do it, otherwise we would not ask!

# HSS

## Sports Safety

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Friends, we are reaching out to you all with the hope that you can help us share this news far and wide. We have recently been told that our 17-year-old son/grandson, Gavin, needs a kidney transplant and that a living donor is his best chance for survival. Gavin was initially hospitalized back in February and through what has been a long and difficult process, we have learned that Gavin was born with a 1 in 1 million genetic mutation which is causing his kidneys to fail. A kidney from a living donor can save Gavin's life and this new kidney will not be affected by his genetic condition. Unfortunately, Gavin is not a match with any of us in his immediate family. We are seeking a living donor with Blood Type O. If you would consider being Gavin's living donor, please contact Terri Sitzer RN the Donor Coordinator at Albany Medical Center's Kidney Transplant Service, (p) 518-262-4602 or [sitzert@mail.amc.edu](mailto:sitzert@mail.amc.edu). Donation costs are covered by our insurance, and the information you share will be kept confidential with the donor side of the transplant team. We will not know anything about inquiries, matches, or declinations to move forward with donation process. So please be assured that the privacy and care of the donor is top priority. Please share this so many more people can hear our story.

*Thank you friends!* Amy Waske Jo, PT, ATC Ron Waske, MED, ATC

## NYSATA Legislative Update

Karin Carreau, Carreau Consulting



The 2019 New York State legislative session concluded on June 21 with the Senate gaveling out just before 1:00am and the Assembly following suit after pulling an all-nighter at nearly 7:00am. It was, by all accounts, a chock full six months with an unprecedented number of new legislators (17 in the Senate alone), a new majority in the upper house, new committee chairs and members and an entirely new dynamic between the

Legislature and the Executive. While all three factions took their victory laps in what has been billed as Albany's most progressive session in history, conservative members sounded the alarm on a number of issues as being too tax burden heavy.

Throughout the six-month session, bills that have been stagnant for years (decades in some instances) saw a glide path for passage. Issues such as the Women's Reproductive Health Act, the Green Light Bill (an initiative allowing undocumented immigrants to obtain driver's licenses), Bail Reform (essentially ending most cash bail) passed. As well as banning single use plastic bags, the DREAM Act (allowing undocumented students access to State administered grants and scholarships), NYC rent control, permanent property tax caps, equal pay, elimination of carbon emissions, and several initiatives strengthening LGBTQ rights.

However, the Legislature simply ran out of time on several bills and as the final days of session ticked by it became apparent that agreements would not be reached prior to the final bell tolling. High profile issues such as the legalization of marijuana (instead a deal was brokered to decriminalize small amounts), paid surrogacy, and automatic voting were shelved until next session.

Our own legislative priority (our AT Licensure bill) was live and being negotiated and amended until the final moments of session, however, the clock simply ran out. The good news though, is that we saw an enormous amount of traction this year. We had new bill language (a result of working with many factions, the legislature and State Ed last session). We also had two new bill sponsors, each of whom was very committed (especially in the spirit of collaboration between the houses that now exists), and worked with us to mitigate opposition from other professions. They helped us recraft language that maintains the integrity of our mission, and, once it was clear we would not reach the finish line this June – helped us maintain our momentum going into the off session. To that end, our latest amendments have recently been introduced. We expect this to be the penultimate version of the bill (requiring only a few technical revisions and tweaks as we move into the 2019 session). We have wind in our sails and as such, your engagement is more crucial than ever. If you have not yet done so, reach out to your Senate and Assembly members and ask for their support/co-sponsorship on A5499a and S5127. In the meantime, we have begun our off-session work with the sponsors, pertinent state agencies and allied professions.

We also weighed in on several other legislative initiatives such as a bill that passed each house requiring information on concussions to be provided to all parents of children playing tackle football. While supportive, we argue that ALL high impact sports should be included and as such, we hope to be part of continued conversations on this yet to be signed initiative. We also supported a measure (which only passed the Senate) to require non-public schools to adopt the same concussion management protocols as public schools. Finally, we worked to assure Certified Athletic Trainers would be included as authorized providers at the Lake Placid Iron Man competition and the NYC Marathon. The voice of NYSATA is resonating at the capitol!



## Conference & Program

Aimee Brunelle, MS, ATC, EMT - Chair

NYSATA's conference in Schenectady this June proved to be an excellent venue and experience for those in attendance. As we wrap up feedback and look to build our conference offerings in the future,

we ask that you consider presenting at a future conference.

Submitting a conference proposal for presentation or poster session may seem like a lot of work for very little in return. You may spend hours or days by yourself or in a team, in developing an idea, writing a proposal, then submitting it. Then you have to wait and see if all the work paid off and the conference committee accepted it. But, before you pass on the opportunity to submit a proposal and the chance to present at a conference, consider why you should spend the time on a conference proposal and give yourself the chance to present. Talk to others who have presented and think about what you have to share. We all – from the more seasoned ATs to young professionals to students – have something to share. Why not continue contributing to our profession by sharing your knowledge? The effort is certainly worth the reward!

The NYSATA conference committee will be accepting proposals for presentation beginning in the late fall. Please keep an eye out for this notice. If you are interested in joining the conference committee, please [contact me](#), and we absolutely have a role for you.

## SAVE THE DATE!

2020 NYSATA Conference and Annual Meeting  
 Doubletree by Hilton in Schenectady  
 June 5 – 6, 2020



## Public Relations Committee

Michael Cendoma, MS, ATC and Douglas Sawyer, MS, ATC  
Co-Chairs

I hope everyone has had a wonderful summer, and is fully recharged and ready for the fall season that is rapidly approaching (and may already be here for some of you). Before you all get overwhelmed with the craziness that is the fall season I wanted to let you know about a couple of upcoming events so that you can plan for them, and participate in them fully.

Our annual New York State Athletic Training Recognition Week will take place from Friday, September 13, to Sunday, September 22, 2019. This is actually slightly longer than a week, but by incorporating two full weekends, it will give greater chance to make announcements at home games and host events to increase awareness of athletic training and athletic trainers in the state. We have some new contests planned (ATEPs keep an eye out), with new prizes to help celebrate the week. More information on the contests, and prizes, as well as helpful PSAs will be sent out soon and available on [our website](#). We hope you will all participate in the week in some manner, and [share your activities and pictures with us](#).

On September 14, 2019, NYSATA will be joining the [Brain Injury Association of New York State \(BIANYS\)](#) in their annual [March on for Brain Injuries fun walk](#). NYSATA has a great connection with the group, and we are both working together for better recognition, care, treatment, and rehabilitation of TBIs. We have several free entries to the walk available, and we would love volunteers to maybe work a table and/or share information with the participants to help educate the public on the role ATs play in evaluation, treating, rehabilitating concussions. There are four locations this year: Long Island ([Eisenhower Park, East Meadows](#)), Hudson Valley ([Walkway Over the Hudson](#)), Rochester ([Seneca Park](#)), and New York City ([Mount Sinai Hospital](#)). I have done the walk the last two years (Walkway Over the Hudson) and it is a wonderful and very fun event. Please [contact me](#) for additional information.

With our continued efforts to gain licensure in NYS, your participation in both these events, can help us gain that additional exposure, and public awareness and knowledge, which will help us achieve our goal. So please, make the effort to be active during these events.

Thank you!



## NYSATA Account Balance

David J. Byrnes, MS, ATC - Treasurer

(as of August 4, 2019)

<b>MUTUAL FUNDS/ ETFs</b>	<b>Market Value</b>	<b>Quantity Held</b>
Vanguard Index ETF	\$11,165.00	125.00
Vanguard Short Term ETF	\$14,823.00	300
Alerian MLP ETF	\$8,478.30	885
Blackrock Credit Strategies	\$12,585.78	1225.49
SPDR Doubleline Tactical ETF	\$9,790.00	200
<b>U.S. COMMON STOCK</b>	<b>Market Value</b>	<b>Quantity Held</b>
Dominion Resources	\$16,724.40	220
AT&T Inc	\$17,939.25	525
Ares Capital	\$14,752.00	800
Pfizer	\$15,200.00	400
3M	\$8,527.50	50
Unilever	\$10,477.25	175
Kellogg Company	\$8,876.00	140
Johnson & Johnson	\$7,864.20	60
Proctor & Gamble	\$11,644.00	100
Blackstone Group	\$9,324.00	200
<b>CORPORATE BONDS</b>	<b>Market Value</b>	<b>Quantity Held</b>
Arrow Electronics	\$12,405.48	
JP Morgan Chase	\$10,212.10	
Viacom	\$19,365.45	
Comcast	\$15,244.20	
Citigroup	\$10,002.20	
Catepillar	\$14,972.25	
Microsoft	\$9,999.30	
Dr Pepper Snapple	\$15,026.10	
<b>PREFERRED SECURITIES</b>	<b>Market Value</b>	<b>Quantity Held</b>
Bank Of America	\$14,007.00	700
MetLife Floater Callable	\$17,096.52	700
<b>Wells Fargo Deposit Account (Investment)</b>	\$5,470.48	
<b>Checking Account</b>	\$107,393.00	
<b>Account Total</b>	<b>\$429,364.76</b>	



## EDAC

LaTonja Lee, MS, ATC, PES - Chair

On Saturday July 20, 2019 NYSATA EDAC co-hosted the first Women in Athletic Training panel at Molloy College in Rockville Centre NY. This community service event serves to advocate and promote the advancement of diversity and inclusion in the Athletic Training

profession. The goal of this event is to impact young girls by exposing them to the realm of Athletic Training while promoting education in the sports medicine profession. It will provide avenues of professional networking and mentorship.

The panel consisted of 5 breakout sessions that discussed the following topics:

Africa Harper, MS, ATC, taught the girls the importance of nutrition in sports as well as daily nutritional value. During her group session the girls completed a worksheet describing what they had for lunch the day before to determine if they are incorporating a balanced meal. She displayed a poster board titled "Health is Wealth" outlined with the importance of a balanced meal and foods that are imperative to eat. After the worksheet exercise the girls made parfaits with raspberry, blueberries, strawberries, yogurt and granola.

Julia Drattell, MEd, ATC, was in charge of the Concussion Awareness session where she informed the girls what a concussion was, how to identify if they had one, and why to report a possible concussion to an adult. The girls then engaged in a few exercises that tested their balance and coordination with special goggles.

Tracye Rawls-Martin, MS, ATC, GFI, created an interactive educational exercise where the girl scouts transferred phrases provided from the table top to the appropriate post-it sheets mounted on the wall labeled: Nutrition, Concussion Awareness, Education, Rehabilitation & Stretching, and Orthopedic Injury & Taping. The girl scouts were rewarded with a gluten free fruit snacks for their efforts to write the correct information on the appropriately labeled easel post-it. Immediately following the task the girl scouts reviewed the information, asked questions and contributed to what was already posted.

LaTonja Lee, MS, ATC, PES, was responsible for the Orthopedic Injury & Taping session. She utilized a poster board displaying common athletic injuries, injury classifications, and the importance of orthopedic support (taping/bracing) before, during, and after competition. The girl scouts learned how to tape one another's wrist as well as to interact with various orthopedic supports for the thumb, wrist, ankle, and knee.

Shanice Johnson, MS, LAT, ATC, was responsible for the Rehabilitation session. Girls discussed their experiences with injuries and the rehab journey. They learned what rehab is, the purpose of rehab, and difference between acute and chronic injuries. The girls were also taught rehab management while discussing the seven principles

followed by basic goals. After the presentation, the girls had the opportunity to experience progressions of rehab for returning an athlete back to play: range of motion (utilization of stretch, and foam rolling), muscular strength and endurance (wall sit competition), proprioception (single leg balance competition on stable surface verses unstable on BOSU balls), and coordination and agility (ladder drills).

After the education sessions, the ladies were ready for the fitness aspect. This session was run by the co-host group Pretty Girls Sweat (a group started in 2011 inspired to solve the obesity epidemic in the US) where they broke out into 4 groups to participate in Zumba, Double Dutch jump rope, Yoga, and the stretching session, where they exercised for 15 minute rotation to each station.

Over all the education panel and fitness activities were successful! The girls enjoyed the event and were excited to receive their gift bags with the following items: Yoga mat or foam roller, halo headband, Gatorade towel, chews, protein bar, and one of two books with the inspirational story and journey of two Olympian women athletes donated by the Women's Sports Foundation. NYU concussion center donated tote bags, lip balm and ice packs. With these new items, the girls have the opportunity to practice what they learned about throughout the day.

See pictures below and on the following page. Additional pictures of the event are [available online](#).





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## Committee Chairs

### Awards

Deanna Errico, PT, DPT, ATC  
 Utica College

### College and University

OPEN

### Conference and Program

Aimee Brunelle, MS, ATC, EMT  
 Colonie Central High School

### Ethnic Diversity Advisory

LaTonja Lee, ATC  
 Molloy College

### Fundraising

Said Hamdan, MS, ATC  
 National Basketball Association

### Governmental Affairs

Aimee Brunelle, MS, ATC, EMT  
 Colonie Central High School  
 Deanna Errico, PT, DPT, ATC  
 Utica College

### Hall of Fame

Andy Smith, MS, ATC  
 Canisius College

### History and Archives

OPEN

### Joseph Abraham Award

Meg Greiner, MS, ATC  
 Hendrick Hudson High School

### Membership and Nominations

OPEN

### Newsletter

Douglas Sawyer, MS, ATC

### Public Relations

Michael Cendoma, MS, ATC  
 Sports Medicine Concepts  
 Douglas Sawyer, MS, ATC

### Reimbursement Committee

Susan Geisler, MA, ATC, PT  
 Cornell Physical Therapy  
 Department of Gannett  
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### Research/Injury

OPEN

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 Cornell University

### Secondary School

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 Cornell University

### Website

Erin Thornton, MS, ATC  
 Canisius College

## The NYSATA Newsletter

This electronic newsletter is published quarterly by the New York State Athletic Trainers' Association Newsletter Committee to the NYSATA member. For information contained in this newsletter or to submit articles/ideas, please contact the NYSATA Newsletter Committee Chair: [Douglas Sawyer](#).

Production and Design by: [SJ Creative](#)

# AT YOUR OWN RISK

## Got NPI#?

If you do, then thank you! If not, why not? It is free, quick, and easy to do. It helps to show that you and rest of our profession are legitimate medical providers. You can only benefit from getting it, there are no negatives. For more information on getting your NPI# or to apply, go to the [NATA website](#).

## Regional Reps



### Region 1 LI

*Nassau, Suffolk*

**James Pierre-Glaude, DPT, ATC, CSCS**

Stony Brook University

### Region 1 NYC

*Richmond, Kings, Queens, Bronx, New York*

**Nicole Hovey, MS, ATC**

Saint Ann's School

### Region 2

*Westchester, Rockland,*

*Putnam, Sullivan, Orange, Dutchess, Ulster*

**Michael Mirabella, MS, ATC, CSCS**

White Plains High School

### Region 3

*Montgomery, Delaware, Fulton, Greene,*

*Otsego, Saratoga, Albany, Rensslear,*

*Schenectady, Columbia, Washington,*

*Schoharie, Herkimer*

**Carla Pasquarelli, ATC**

St Mary's Healthcare

### Region 4

*Jefferson, Lewis, St. Lawrence, Franklin,*

*Hamilton, Clinton, Essex, Warren*

**Christine Scuderi, MEd, ATC**

State University of New York at Canton

### Region 5

*Chemung, Tioga, Broome, Oswego, Cayuga,*

*Seneca, Oneida, Cortland, Onondaga,*

*Madison, Tompkins, Schuyler*

**Courtney Gray, ATC**

Ithaca College

### Region 6

*Livingston, Ontario, Monroe, Yates,*

*Stueben, Wayne*

**Christopher Yartym, MS, ATC**

Alfred University

### Region 7

*Orleans, Cattaraugus, Genesee,*

*Wyoming, Erie, Niagara,*

*Allegany, Chautauqua*

**Erik M. Barkley, MS, ATC, PES**

The State University of New York at Fredonia

## Regional Reports



Region 1 LI

**James Pierre-Glaude, DPT, ATC, CSCS**

### Stony Brook University

Congratulations to our 2019 graduates and new ATs: Kevin Cheng, Antonia Ciccarelli, Victoria Crowe, Michael Fiorella, Erin Fitzgerald, Kaitlyn Frey, Aaron Jackson, Anna Kwong, John Meahan, Diana Riggs, Murat Tabaru and Victor Wong. We are very proud of their accomplishments and as promised 100% first time pass rate on the BOC. Congratulations and good luck! (Pictured right)

Stony Brook Athletic Training, along with Stony Brook Orthopaedic Associates and the Division of Sports Medicine hosted the 9<sup>th</sup> Annual Sports Medicine Update 2019: Accelerated Return on Friday, May 31, 2019 at the Wang Center on campus. This multidisciplinary program was designed to cover the most



current evidence-based practice while discussing various clinical cases in sports medicine today. It was well attended by coaches, athletic training students, athletic trainers, physical therapists, occupational therapists, nurses, physician assistants, physicians, etc. It was great to see so many SBU athletic training alumni in attendance. Those of you in the Long Island area watch for the announcement of the 2020 program next spring. (Pictured left)

On May 28, 2019, Stony Brook University welcomed 10 students into the first Master of Science cohort as the Class of 2021! We are very excited to begin



this new chapter and wish them well as they complete their graduate studies in athletic training. *(Pictured below)*



The Iota Tau Alpha – Alpha Nu chapter inducted 15 new members on May 10, 2019. Along with induction of 13 students, there were honorary inductions of preceptor Michele Mensch, ATC and faculty Xristos Gaglias, ATC. Congratulations! *(Pictured below)*

*Stony Brook University Sports Medicine welcomes four new staff athletic trainers:*

Kyle Cherry, ATC comes to Stony Brook from the Tampa Bay Buccaneers. Kyle graduated from Cedarville University for his undergrad and Indiana Wesleyan University for his masters. He will be working with football.

Janine Glass, ATC comes to Stony Brook from Long Island University-Post Campus. Janine graduated from Cortland for her undergrad and Ithaca College for her masters. She will be working with men's & women's cross country/track and field.

SBU AT '15 grad David Kovner, ATC returns to Stony Brook after completing his masters at Lamar University and working at Delaware State University and Lamar University. He will be working with men's soccer and softball.

Patrick Patti, ATC comes to Stony Brook from Marquette. Patrick graduated from Pittsburgh for his undergrad and Marquette for his graduate degree. He will be working with men's lacrosse and women's swimming and diving.



Region 1 NYC  
**Nicole Hovey, MS, ATC**

Alyssa Alaimo, AT at Polly Prep, is working on becoming a CPR instructor.

**LIU Brooklyn**

LIU Brooklyn would like to congratulate Nigel Mavin, MS, ATC, and Alex Mellin, MS, ATC on graduating with their Masters of Science this past May. We wish them both luck and success on their future endeavors.



Region 3  
**Carla Pasquarelli, ATC**

Two Region 3 schools were named NATA Safe Sports Schools. Gloversville High School (Dave Haverly, MS, ATC) was awarded 1<sup>st</sup> Team Designation This is the 2<sup>nd</sup> time they have received 1<sup>st</sup> Team designation. Broadalbin Perth (Rachel Simkins, MS, ATC) was awarded 1<sup>st</sup> Team designation as well.

*Continued ...*



St. Mary's Healthcare Supervisor of Athletic Training, Carla Pasquarelli, ATC, was honored by the Amsterdam Mohawks during one of their games on their "Women Who Make a Difference Night". They honored women in the community for their accomplishments and being role models to the young girls in the community.

The College of Saint Rose Sports Medicine department is pleased to announce two new staff members, Michael Plaisance and Megan Wilberg.



**Region 5**  
**Courtney Gray, ATC**

#### **Binghamton University**

Jonathan Clark, MS, ATC, Alycia Daniels, ATC, Sophie Daniels, ATC, and Andrew McNutt, ATC, have been hired as Certified Intern Athletic Trainers for Binghamton University. They will begin their appointment in August of 2019. They are responsible for assisting the

Sports Medicine Department with all athletic training needs for 21 NCAA Division 1 intercollegiate athletic programs.

#### **Ithaca College**

##### *NATA Research Presentations*

Dr. Jennifer M. McKeon presented at NATA, "You are in the POSITION to Contribute! Give Your Thoughts on New Directions for the NATA Position Statements" with Dr. Lindsay DiStefano from the University of Connecticut as part of her responsibilities with the NATA's Pronouncements Committee. She also was a panel presenter for the session entitled, "Evidence Straight from the Source: Peer-Reviewed Publications in Athletic Training" as part of her work as Co-Editor in Chief of the International Journal of Athletic Training and Therapy. Dr. Paul Geisler presented a minicourse at NATA, entitled "A Patho-Anatomical Paradigm for Iliotibial Band Pathology: A Synthesis of Evidence", which is based on his research on the problematic injury common in runners, rowers, cyclists, and military personnel. Dr. Geisler was also presented with a 2019 Most Distinguished Athletic Trainer Award while at the conference.



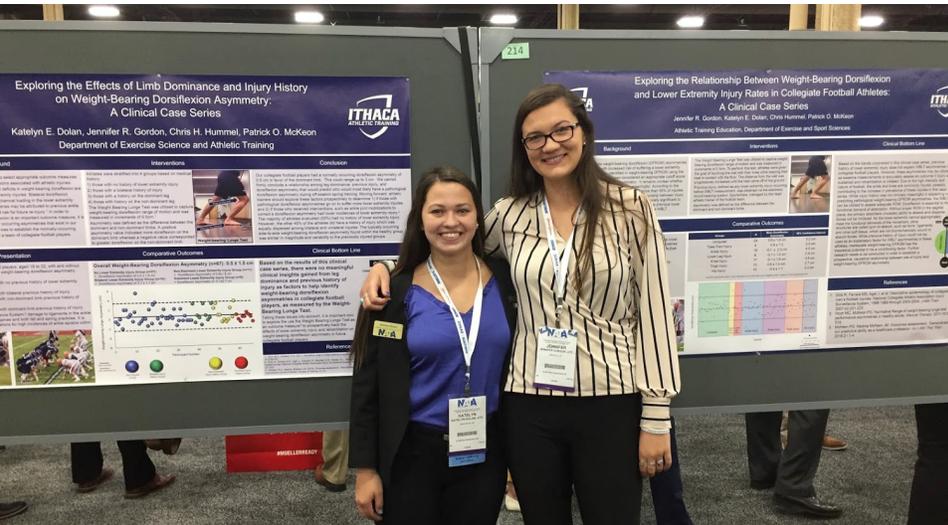
*Pictured left Paul Geisler with his NATA Distinguished Athletic Trainer Award*

Under the direction of faculty members, Dr. Jennifer M McKeon, Dr. Patrick O. McKeon, Mr. Chris Hummel, MS, ATC and Ms. Katie Sheehan, MS, ATC from the Department of Exercise Science & Athletic Training, nine senior Athletic Training majors from this year's graduating class were involved in presenting peer reviewed research. They presented in the professional category at this year's annual meeting of the National Athletic Trainers' Association. Class of 2019 members, Tony Cosby, ATC, Natalie Sharpe, ATC, Jen Gordon, ATC, Janie Kleinberg, ATC, Nikkey Skuraton, ATC, Katie Dolan, ATC, Cole Rinehart, ATC, Vanessa Brown, ATC, and Kate McCall, ATC all worked on research projects with their peers and Athletic Training faculty here on campus. They presented their findings to the athletic training members in attendance as part of the Free Communications portion of the conference. Congratulations to all and thank you to all the mentors who helped make it happen!

*Pictured below, Anthony Cosby presenting at NATA*



*Pictured below, AT students Katie Dolan and Jennifer Gordon presenting at NATA*



*Pictured below, Kate McCall presenting at NATA*



### *IC Alumni Inducted into NATA Hall of Fame*

IC Alumni Gretchen Schlabach was inducted into the NATA HOF! Gretchen is now the 5<sup>th</sup> Bomber AT to be inducted, joining other IC inductees Mike Ferrara, PhD, ATC, Kent Scriber, EdD, PT, ATC, Don “Rooster” Fauls, and Joe Abraham.

### *IC NATA Alumni Party*

Ithaca College had an amazing Alumni Party turnout at the Hofbrauhaus in Vegas. Over 60 alumni, young and old, showed up, caught up and stayed late to celebrate the Bomber AT Program and their time on South Hill. Thanks to all who attended one of the largest Alumni parties in recent history. Hopefully all of you can make next year's in Atlanta!

### *Kyle Morris Joins Athletic Training Program*

Ithaca College is excited to welcome Kyle Morris, MS, ATC, for the upcoming academic year. Kyle is a 2017 graduate of Ithaca College and a 2018 graduate of the University of Virginia. He was previously at Nazareth College. Kyle will be involved in teaching in the Department of Exercise Science and Athletic Training, providing medical coverage for athletics, and supervising AT students. Welcome Kyle!

### *Senior Athletic Training Majors Successfully Pass BOC Exam*

IC has extended their tradition of excellence to 9 consecutive years, as all 18 members of the Class of 2019 passed their national Board of Certification Examination on their first attempt. Congratulations to all 18 IC graduates for their hard work and success, and Thank You to all faculty, staff and preceptors who had a hand in making this possible!

### *Athletic Training Program Receives National Accreditation*

The bachelor of science degree program in athletic training in the Department of Exercise Science & Athletic Training has received a 10 year re-accreditation award from the national accrediting body, the Commission on Accreditation for Athletic Training Education, or the CAATE. This recognition secures the program's status until 2028-29, and allows them to now complete their transition to the Master's degree in order to be in compliance with new professional education requirements of the CAATE (entry-level degree will be at the master's level, effective by 2023). Thanks to all administrators, students, preceptors and students for helping with the 1.5-year self-study process.

### *In Memory of Jase Barrack, Class of 2020*

Athletic Training student Jase Barrack, class of 2020, passed away in May after sustaining a serious injury. His family made the difficult decision to donate his organs so that others may be offered the gift of life. Jase came to Ithaca College from Allendale, New Jersey, where he graduated in 2016 from Northern Highlands Regional High School. An outstanding student and student-athlete, Jase had a tremendous passion for soccer—playing goalie on his high school team and our IC club soccer team, and serving on the staff of the Madigan Soccer Academy summer camp. At Ithaca College, he served as the athletic training student for the women's softball team. Jase's family has asked that his memory be honored by donations to [Cayuga Medical Center Foundation](#), [Donate Life America](#), or the [Kent Scriber Athletic Training Fund](#).

### *SUNY Cortland*

#### *New Faculty/Staff Hires*

SUNY Cortland is proud to announce that Alyson Dearie, EdD, ATC will be the next Athletic Training Program Director at the college. Dr. Dearie will be assuming the position this fall after joining the college in 1994, and as the Clinical Education Coordinator since 2003. A search for a new Clinical Education Coordinator is currently underway.

SUNY Cortland is excited to welcome three new members to the

athletic training faculty/staff. Eric Levasseur, previously of SUNY Cortland, Celeste Boyer, previously of Alma College, and Kyle Liang previously of SUNY Cobleskill will be joining the full time staff this fall.

*Large SUNY Cortland Presence at NYSATA Lobby Day*

Patrick Donnelly, MS, ATC, Alyson Dearie, EdD, ATC and 17 athletic training students from SUNY Cortland participated in the New York State Athletic Trainers Association Lobby Day on May 7 in Albany. The students included Dean Biancaniello, Ron Chrysler, Danielle Cook, Grace DeStefano, Kelsi Donaldson, Abby Graeb, Ryan Hill, Emily Hynes, Taylor Kenney, Caroline Kiefer, Morgan Koenig, Caitlin O'Mara, James Pak, Kalyn Powell, Amber Rice, Justin Valentine, and Richard Wells. During the day, members of the group met with their legislators, as well as members of the higher education committees to advocate for licensure for athletic trainers in New York, as well as educate them about the athletic training profession. The group's attendance at Lobby Day was due in large part to NYSATA's generous funding for athletic training programs, which covered the costs associated with travel. *Pictured below, SUNY Cortland Faculty and students and NYSATA Lobby Day*



**SCATA**

Suffolk County Athletic Trainers' Association (SCATA) hosted it's first annual golf outing at Cherry Creek Links on Friday July 19th. SCATA hosted 90 golfers and dinner guests at this event which raised money to give high school students scholarships. We cannot give enough thanks to all the sponsors who donated to this occasion and made it a special day. SCATA truly appreciates everyone who supports their profession and their mission to serve others. *Pictured below, From left to right: Jason McKay, ATC, Randi Cherill, DPT, ATC, Kelly Hatzmann, ATC, Gina Siracusano, ATC*



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